



LUNCH

APPETIZERS

Mussels 9

Cider, Bacon and Crème Fraiche with Hand Cut Fries

Duck Confit Poutine 12

Hand Cut Fries, Ted's Cheese Curds, Thyme-Jus

Grilled Shrimp 10

Shallot-Caper Vinaigrette

Smoked Salmon on Potato Pancake 10

Crème Fraiche, Chives, Baby Capers

Grilled Potato-Rosemary Flatbread 5

Served with San Marzano Tomato

Garden Tower 9

Portobello, Buffalo Mozzarella, Basil, Confit Tomato and Gooseberry Puree

Spicy Salt Squid 10

Served with Chili-Lime Yogurt

Crispy Tuna Spring Rolls 8

Served with Sweet Chili Sauce

SOUPS

Tuscan Bean 3/5

Seafood Chowder 7/11

Shrimp, Lobster, Whitefish and Baby Clams

SALADS

Greek 7

Romaine, Cucumber, Chocolate Tomato, Feta, Red Onion and Kalamata Olive

Spinach Salad 8

Baby Spinach, Apple, Crumbled Goat Cheese, Walnut, Tomato, Avocado, Housemade Buttermilk

The Real Caesar 7

Hearts of Romaine, Crouton, Parmesan

Add Chicken, Salmon or Shrimp to any salad 9



PASTA

Linguine with Oil and Garlic 9

Spaghetti with Tomato Sauce 10

Linguine Mare Monte 13

Rigatoni with Roasted Chicken in a Portobello Mushroom Cream Sauce 13

Agniolotti 15

Stuffed with Wild Mushrooms in Parmesan Cream and Truffle Oil

Penne in a Blush Meat Sauce with Bacon, Mushrooms and Peas 14

Baked Manicotti 12

House-made Ricotta and Spinach with Tomato Sauce

SANDWICHES

Lamb Burger 12

Tzatziki, Feta, Tomato, Roasted Red Peppers

Beef Burger 12

Smoked Mozzarella, Caramelized Onion, Bacon, Catalina Aioli

Chicken Portobello Sandwich 11

Chicken Breast, Grilled Portobello, Avocado, Tomato and Lemon Aioli on Panini

Fo's Steak Sandwich 12

Beef Tenderloin with Arugula, Shaved Parmesan and Horseradish-Dijon Aioli

Vegetarian 8

Grilled Eggplant, Red Peppers, Tomato Confit, Greens, Zucchini and Provolone on 9-Grain Bread

Panino Italiano 9

Prosciutto, House-made Pearl Mozzarella, Grilled Eggplant, Peppers, Tomato Confit, Roasted Garlic Aioli

MEAT AND FISH

Grilled Atlantic Salmon 17

Served with Dill Crème Fraiche

Fried Perch and Pomme Frite 15

Slaw, Tartar, Hand Cut Fries

Chicken Piccata 15

Breaded Chicken Breast, Capers and Lemon White Wine Sauce

Grilled Veal Ammoglio 14

Chopped Tomato, Garlic, Olive Oil and Herbs